

BRICK NEW YORK GRAND CENTRAL CLASS SCHEDULE							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:15 AM	CROSSFIT		CROSSFIT		CROSSFIT		
6:15 AM	B Fit	B Fit	B Fit	B Fit	B Fit		
6:30AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
6:45AM	B X	B X	B X	B X	B X		
7:30 AM	B Fit	B Fit	B Fit	B Fit	B Fit		
7:45AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
7:45AM	B X	B X	B X	B X	B X	B X 10:00AM	
9:30AM						CROSSFIT 10:00AM	B X 9:30 AM
10:45AM						B X 11:15AM	CROSSFIT 10:45 AM
11:45 AM	B Fit	B Fit	B Fit	B Fit	B Fit	BBC @ 11:15 PM	
12:15PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
12:30PM	B X	B X	B X	B X	B X		
4:30PM	B X	B X	B X	B X	B X		
5:00PM	B Fit		B Fit		B Fit		
5:15 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
5:30PM	B X	B X	B X	B X	B X		
6:00PM	B Fit	B Fit	B Fit	B Fit	B Fit		
6:30PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
6:45PM	B X	B X	B X	B X	B X		
7:30PM		BBC WEIGHTLIFTING		BBC WEIGHTLIFTING			
7:45PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT			
7:45PM	ACADEMY		ACADEMY				