

BRICK NEW YORK   Chelsea   CLASS SCHEDULE							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
6:30 AM	B X	B X	B X	B X	B X		
6:45 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
6:45 AM	B Fit	B Fit	B Fit	B Fit	B Fit	CROSSFIT @ 8:30 AM	
7:30 AM	B X	B X	B X	B X	B X	B X @ 9AM	B Fit @ 9 AM
7:45 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	B Fit @ 9:15 AM	CROSSFIT @ 9:30 AM
8:00 AM	B Fit	B Fit	B Fit	B Fit	B Fit	B X @ 10AM	B X @ 10:15 AM
9:00 AM	B X	B X	B X	B X	B X	CROSSFIT @ 9:45 AM	CROSSFIT @ 11:00 AM
9:00 AM	CROSSFIT		CROSSFIT		CROSSFIT	B Fit @ 10:30 AM	B X @ 11:30 AM
11:30 AM						B X @ 11:00 AM	B Fit @ 12:15pm
12:00PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT @ 11:00 AM	B Flow @ 12:30 PM
12:15PM	B X	B X	B X	B X	B X	ACADEMY @ 11:30 AM	B X @ 1:00 PM
12:30PM						CROSSFIT @ 12:15 PM	
4:00 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	Running @ 12:30 PM	
4:30 PM	B Fit	B Fit	B Fit	B Fit	B Fit	B STRONG @ 1:30 PM	
5:15 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
5:30 PM	B X	B X	B X	B X	B X		
5:45 PM	B Fit	B Fit	B Fit	B Fit	B Fit		
6:30 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
6:45 PM	B X	B X	B X	B X	B X		
7:00 PM	B Fit	B Fit	B Fit	B Fit	B STRONG		
7:45 PM		ACADEMY		ACADEMY			
7:45 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT			
8:00 PM	B STRONG		B STRONG				

BRICK NEW YORK   GRAND CENTRAL   CLASS SCHEDULE							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:15 AM	CROSSFIT		CROSSFIT		CROSSFIT		
6:15 AM	BjFit	BjFit	BjFit	BjFit	BjFit		
6:30AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
6:45AM	BjX	BjX	BjX	BjX	BjX		
7:30 AM	BjFit	BjFit	BjFit	BjFit	BjFit	BjX 9:00AM	
7:45AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	BjFit @ 9:15am	
7:45AM	BjX	BjX	BjX	BjX	BjX	BjX 10:00AM	
9:30AM						CROSSFIT 10:30AM	BjX 9:30 AM
10:45AM						BjX 11:15AM	CROSSFIT 10:45 AM
12:00 PM	BjFit	BjFit	BjFit	BjFit	BjFit	BBC @ 11:30 AM	
12.15PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
12.30PM	BjX	BjX	BjX	BjX	BjX		
4.30PM	BjX	BjX	BjX	BjX	BjX		
5.00PM	BjFit		BjFit		BjFit		
5.15 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
5.30PM	BjX	BjX	BjX	BjX	BjX		
6.00PM	BjFit	BjFit	BjFit	BjFit	BjFit		
6.30PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
6.45PM	BjX	BjX	BjX	BjX	BjX		
7.30PM		BBC WEIGHTLIFTING		BBC WEIGHTLIFTING			
7.45PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT			
7.45PM	ACADEMY		ACADEMY				