

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
6:15 AM	BjFit	BjFit	BjFit	BjFit	BjFit		
6:30AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
6:45 AM	BjX	BjX	BjX	BjX	BjX	CROSSFIT 8:30AM	
7:15 AM	BjFit	BjFit	BjFit	BjFit	BjFit	BjX 9:00AM	BjFit @ 9 AM
7:30 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT 9:45AM	BjX @ 9:30 AM
7:45 AM	BjX	BjX	BjX	BjX	BjX	BjFit @ 9:15am	CROSSFIT @ 9:30 AM
8:15 AM	BjFit	BjFit	BjFit	BjFit	BjFit	BjX 10:00AM	BjFit @ 10 AM
8:30 AM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT 11:00AM	BjX @ 10:30 AM
9:30 PM	OPEN GYM 9:15am - 12:15PM	OPEN GYM 9:15am - 12:15PM	OPEN GYM 9:15am - 12:15PM	OPEN GYM 9:15am - 12:15PM	OPEN GYM 9:15am - 12:15PM	BjFit @ 10:15am	CROSSFIT @ 10:30 AM
						BjX 11:00AM	BjFit @ 11:00 AM
						BjFit @ 11:15am	BjX @ 11:30 AM
12:00 PM	BjFit	BjFit	BjFit	BjFit	BjFit	BjX 12:00 AM	CROSSFIT 11:30AM
12:15PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	ACADEMY 12:15 PM	BjFit @ 12 PM
12:30PM	BjX	BjX	BjX	BjX	BjX	Mobility @ 12:15 PM	BjX @ 12:30 PM
1:30 PM	OPEN GYM 1- 5pm	OPEN GYM 1- 5pm	OPEN GYM 1- 5pm	OPEN GYM 1- 5pm	OPEN GYM 1- 5pm	OPEN GYM 12:00pm - 5pm	OPEN GYM 12:30pm - 5pm
4:15 PM	BjFit	BjFit	BjFit	BjFit	BjFit		
5:00 PM	BjX	BjX	BjX	BjX	BjX		
5:15 PM	BjFit	BjFit	BjFit	BjFit	BjFit		
5:15 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
6:00 PM	BjX	BjX	BjX	BjX	BjX		
6:15 PM	BjFit	BjFit	BjFit	BjFit	BjFit		
6:30PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT		
7:00 PM	BjX	BjX	BjX	BjX	BjX		
7:15 PM	BjFit	BjFit	BjFit	BjFit	BjFit		
7:30 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT			
8:00 PM	ACADEMY	ACADEMY	ACADEMY	ACADEMY			
8:15 PM	BjFit	BjFit	BjFit	BjFit			
8:30 PM	CROSSFIT	CROSSFIT	CROSSFIT	CROSSFIT			