

|          | MONDAY                       | TUESDAY                      | WEDNESDAY                    | THURSDAY                     | FRIDAY                       | SATURDAY                  | SUNDAY                    |
|----------|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|---------------------------|---------------------------|
| 5:30 AM  | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     |                           |                           |
| 6:15 AM  | BjFit                        | BjFit                        | BjFit                        | BjFit                        | BjFit                        |                           |                           |
| 6:30AM   | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     |                           |                           |
| 6:45 AM  | BjX                          | BjX                          | BjX                          | BjX                          | BjX                          | CROSSFIT 8:30AM           |                           |
| 7:15 AM  | BjFit                        | BjFit                        | BjFit                        | BjFit                        | BjFit                        | BjX 9:00AM                | BjFit @ 9:30 AM           |
| 7:30 AM  | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT 9:45AM           | BjX @ 9:30 AM             |
| 7:45 AM  | BjX                          | BjX                          | BjX                          | BjX                          | BjX                          | BjFit @ 9:15am            | CROSSFIT @ 9:00 AM        |
| 8:15 AM  | BjFit                        | BjFit                        | BjFit                        | BjFit                        | BjFit                        | BjX 10:00AM               | BjFit @ 10:30 AM          |
| 8:30 AM  | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT 11:00AM          | BjX @ 10:30 AM            |
| 9:30 PM  | OPEN GYM<br>9:15am - 12:15PM | OPEN GYM<br>9:15am - 12:15PM | OPEN GYM<br>9:15am - 12:15PM | OPEN GYM<br>9:15am - 12:15PM | OPEN GYM<br>9:15am - 12:15PM | BjFit @ 10:15am           | CROSSFIT @ 10:00 AM       |
|          |                              |                              |                              |                              |                              | BjX 11:00AM               | BjFit @ 11:30 AM          |
|          |                              |                              |                              |                              |                              | BjFit @ 11:15am           | BjX @ 11:30 AM            |
| 12:00 PM | BjFit                        | BjFit                        | BjFit                        | BjFit                        | BjFit                        | BjX 12:00 PM              | CROSSFIT 11:00AM          |
| 12.15PM  | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | ACADEMY 11:00 AM          |                           |
| 12.30PM  | BjX                          | BjX                          | BjX                          | BjX                          | BjX                          | Mobility @ 12:15 PM       |                           |
| 1:30 PM  | OPEN GYM<br>1- 5pm           | OPEN GYM<br>1- 5pm           | OPEN GYM<br>1- 5pm           | OPEN GYM<br>1- 5pm           | OPEN GYM<br>1- 5pm           | OPEN GYM<br>12:00pm - 2pm | OPEN GYM<br>12:30pm - 2pm |
| 3:15 PM  |                              |                              |                              |                              | BjFit                        |                           |                           |
| 3:30 PM  |                              |                              |                              |                              | BjX                          |                           |                           |
| 4:15 PM  |                              |                              |                              |                              | CROSSFIT                     |                           |                           |
| 4:15 PM  | BjFit                        | BjFit                        | BjFit                        | BjFit                        | BjFit                        |                           |                           |
| 4:30 PM  | BjX                          | BjX                          | BjX                          | BjX                          | BjX                          |                           |                           |
| 5:15 PM  | BjFit                        | BjFit                        | BjFit                        | BjFit                        | BjFit                        |                           |                           |
| 5:15 PM  | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     |                           |                           |
| 5:30 PM  | BjX                          | BjX                          | BjX                          | BjX                          | BjX                          |                           |                           |
| 6:15 PM  | BjFit                        | BjFit                        | BjFit                        | BjFit                        | BjFit                        |                           |                           |
| 6.30PM   | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     |                           |                           |
| 6:30 PM  | BjX                          | BjX                          | BjX                          | BjX                          |                              |                           |                           |
| 7:15 PM  | BjFit                        | BjFit                        | BjFit                        | BjFit                        |                              |                           |                           |
| 7:30 PM  | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     | CROSSFIT                     |                              |                           |                           |
| 7:30 PM  | BjX                          | BjX                          | BjX                          | BjX                          |                              |                           |                           |
| 8:15 PM  | BjFit                        | BjFit                        | BjFit                        | BjFit                        |                              |                           |                           |